

## PSHE Long Term Overview 2026-2028



### Nursery (PSED)

Autumn A - 2026	Spring A - 2027	Summer A - 2027	Autumn B - 2027	Spring B - 2028	Summer B - 2028
My feelings	Taking on challenges	Special relationships	Listening and following instructions	My wellbeing	My family and friends
Linked to ELG – Self regulation	Linked to ELG – Managing self	Linked to ELG -Building relationships	Linked to ELG – Self regulation	Linked to ELG – Managing self	Linked to ELG -Building relationships

### Class 1-Two Year Cycle (Reception and Year 1)

Autumn A - 2026	Spring A - 2027	Summer A - 2027	Autumn B - 2027	Spring B - 2028	Summer B - 2028
Cycle A – families and relationships	Cycle A – Safety and the changing body	Cycle A – Economic wellbeing	Cycle B – families and relationships	Cycle B – Safety and the changing body	Cycle B – Economic wellbeing
Cycle A – Health and wellbeing	Cycle A – citizenship	Cycle A - Transition	Cycle B – Health and wellbeing	Cycle B – citizenship	Cycle B - Transition

### Class 2-Two Year Cycle (Year 2, Year 3)

Autumn A - 2026	Spring A - 2027	Summer A - 2027	Autumn B - 2027	Spring B - 2028	Summer B - 2028
Cycle A – families and relationships	Cycle A – Safety and the changing body	Cycle A – Economic wellbeing	Cycle B – families and relationships	Cycle B – Safety and the changing body	Cycle B – Economic wellbeing
Cycle A – Health and wellbeing	Cycle A – citizenship	Cycle A - Transition	Cycle B – Health and wellbeing	Cycle B – citizenship	Cycle B - Transition
NSCPP - pants			NSPCC - pants		

### Class 3-Two Year Cycle (Year 4, Year 5, Year 6)

Autumn A - 2026	Spring A - 2027	Summer A - 2027	Autumn B - 2027	Spring B - 2028	Summer B - 2028
Cycle A – families and relationships	Cycle A – Safety and the changing body	Cycle A – Economic wellbeing	Cycle B – families and relationships	Cycle B – Safety and the changing body	Cycle B – Economic wellbeing
Cycle A – Health and wellbeing	Cycle A – citizenship	Cycle A – identity – (1 lesson – Y6 only)	Cycle B – Health and wellbeing	Cycle B – citizenship	Cycle B – identity – (2 lessons – Y6 only)
		Cycle A - Transition			Cycle B - Transition

